

# Coach Development Resource List

## Contents

NCCP Coach Education .....	2
Professional Development Opportunities.....	3
Coach Conferences.....	7
Grants .....	8
Resources .....	10

## NCCP Coach Education

### Coaching Pathways

- [Pathways for Specific Sports](#)
- To learn more about your sport's specific coaching pathway, check your Provincial Sport Organization's website (ex. BC Soccer, BC Hockey, etc.).

### Sport-specific NCCP courses

- Visit your Provincial Sport Organization's website to discover sport-specific courses that are a part of your coaching pathway.

### Multi-sport NCCP Courses (in-person)

- Offered through Host Organizations partnered with viaSport.
- Live, facilitator led workshops varying in price.
- Check the [NCCP Course Calendar](#) regularly for upcoming courses.

### Home Study Courses

- Self-directed courses managed by viaSport.
- Participants receive a workbook (can be completed online or as a physical copy) to complete over the course of three months that is marked by a Home Study tutor.
- Available [Home Study](#) courses and prices can be found on viaSport's website.

### Online Delivery Courses

- Online, live, facilitator-led, interactive workshops hosted by viaSport.
- Participants use the software Adobe Connect to engage with their instructor and other attendees.
- Check the [NCCP Course Calendar](#) or [Online Delivery](#) page for upcoming available courses and prices.

### Becoming a Host Organization

- Partner with viaSport to deliver in-person coaching workshops.
- Host courses that are needed for coaching members in your community.
- Apply by reading through the [Host Organization Terms](#) and [Host Organization Processes](#) documents.

## Professional Development Opportunities

Organization	Title and Price	Information
 <p><b>coach.ca</b> Coaching Association of Canada Association canadienne des entraîneurs</p>	<a href="#">Making Head Way*</a> (Free)	<ul style="list-style-type: none"> <li>• Concussion safety, prevention, and awareness</li> </ul>
	<a href="#">Coaching athletes with a Disability</a> (\$15)	<ul style="list-style-type: none"> <li>• Creating positive, safe, and inclusive spaces for athletes with disabilities</li> </ul>
	<a href="#">Coach Initiation in Sport</a> (\$15)	<ul style="list-style-type: none"> <li>• Designed for beginner coaches</li> <li>• Topics include: long term athlete development, ethics, and motivation</li> </ul>
	<a href="#">Sport Nutrition</a> (\$20)	<ul style="list-style-type: none"> <li>• Basics of athletic nutrition</li> <li>• Support and educate athletes on proper nutrition and positive body image</li> </ul>
	<a href="#">Safe Sport Training</a> (Free)	<ul style="list-style-type: none"> <li>• Understand the how to create a safe sporting environment and uphold the principles of the Universal Code of Conduct</li> <li>• Identify maltreatment and know what to do if you suspect maltreatment</li> </ul>
	<a href="#">Aboriginal Coaching Module 1: Holistic Approach to Training</a>	<ul style="list-style-type: none"> <li>• Topics include creating a positive environment, the Medicine Wheel, a coaching perspective, values and coach-to-community relationships</li> </ul>
	<a href="#">Aboriginal Coaching Module 2: Dealing with Racism in Sport</a>	<ul style="list-style-type: none"> <li>• Addresses racism in sport including definition and use of right words to describe situations</li> </ul>
	<a href="#">Fundamental Movement Skills</a> (contact <a href="#">Provincial/Territorial Coaching Representatives</a> )	<ul style="list-style-type: none"> <li>• Learn how to observe, detect, and correct the fundamental movement skills to guide the physical development of children and support being active across lifespan</li> </ul>
	<a href="#">Emergency Action Plan*</a> (Free)	<ul style="list-style-type: none"> <li>• Prepares coaches to respond calmly, quickly and effectively if a sport participant is seriously injured during practice or competition</li> </ul>



CANADIAN CENTRE for  
CHILD PROTECTION™

[Commit to Kids](#)

(\$12)

- Provides tools to create policies, procedures and codes of conduct to reduce child sexual abuse
- Learn what child sexual abuse is, how to handle disclosures, and the impact of child sexual abuse



[Keeping Girls in Sport](#)

(\$17)

- Online resource that teaches coaches strategies to create safe and respectful environments for female athletes



[Respect in Sport – Activity Leader](#)

(\$30)

- Provides coaches with the knowledge to prevent abuse, bullying, and harassment

[Respect in Sport – Parent Program](#)

(\$12)

- Educates parents on proper communication with coaches and officials
- Ensures safe practices for well-being of athletes



[Supporting Positive Behaviours](#)

(Free)

- Learn strategies to help athletes who have a hard time focusing, are disengaged, or disruptive

[PHE Spotlight Series](#)

(Free)

- Support and advance quality physical and health education
- Create healthy and inclusive environment for all students

[Physical Literacy: An Introduction](#)

(\$54.95)

- Introduces the foundation of physical literacy, highlights implementation strategies,



[Physical Literacy and All Abilities](#)

(\$41.95)

- Introduce a variety of concepts to modify programming in order to incorporate the needs of all children and youth
- Introduces a variety of disabilities across the spectrum of developmental, behavioral, sensory, and physical disabilities and instructional strategies to create an inclusive environment



[Engaging the Hard to Reach](#)  
(\$25)

- Identify common barriers to program participation and to increase involvement and make recreation opportunities accessible to all

[Social Inclusion and Recreation](#)  
(\$25)

- An overview of the link between poverty and health and strategies to increase social inclusion in the community

[Autism Awareness for Recreation Leaders](#)  
(Free)

- An overview of autism and an introduction to strategies for supporting individuals with autism

[Aboriginal Cultural Relations Module](#)  
(Free)

- Educate the important aspects of Aboriginal culture, and to provide best practices on how to incorporate this awareness into programming

[Concussion in Sports](#)  
(Free)

- Understand the importance of proper concussion recognition and management



[Fundamentals of Coaching](#)  
(\$85)

- Focuses on the Canadian Long-Term Athlete Development model (LTAD) with topics such as organization, administration, communication, nutrition etc.


[Athletic Injury Management](#)  
(\$75)

- Introduces potential injury situations encountered in sport participation



[Introduction to Long-Term Development in Sport and Physical Activity](#)  
(\$24.95)

- Be familiar with the Long-Term Development in Sport and Physical Activity Framework
- Recognize quality sport and physical activity programs that support the development of physical literacy, strive for excellence, and empower people to be active for life

	<p><a href="#">Stepping Stones to Indigenous Sport and Physical Activity Participation</a> ((\$24.95)</p>	<ul style="list-style-type: none"> <li>• Understand the stages of the Indigenous Long-Term Participant Development Pathway</li> <li>• Identify the needs of Indigenous people and athletes and run appropriate programs for them</li> </ul>
	<p><a href="#">Cultural Awareness in Youth Sport</a> ((\$24.95)</p>	<ul style="list-style-type: none"> <li>• Understand the concept of culture and religion in shaping our values, beliefs and actions</li> <li>• Identify strategies to improve communication and develop cultural awareness among youth</li> </ul>
	<p><a href="#">Coaching Athletes with Down Syndrome*</a> (free)</p>	<ul style="list-style-type: none"> <li>• Understand the characteristics of Down Syndrome and apply coaching practices to help athletes with Down Syndrome learn best</li> </ul>
	<p><a href="#">Diversity and Inclusion in Action*</a> (free)</p>	<ul style="list-style-type: none"> <li>• Recognize our unconscious biases and their potential negative impact</li> <li>• Understand the importance and to create diversity and inclusion</li> </ul>
	<p><a href="#">Exercise-Induced Asthma Training*</a> (free)</p>	<ul style="list-style-type: none"> <li>• Provide coaches with tools to work with athletes with asthma or exercise-induced asthma</li> <li>• Reduce fear and anxiety to participate and ensure safety of athletes with asthma or exercise-induced asthma</li> </ul>
	<p><a href="#">Supporting Individuals with Autism in Recreation Settings*</a> (free)</p>	<ul style="list-style-type: none"> <li>• Understand the characteristics of Autism and apply coaching practices to support and motivate individuals with Autism</li> </ul>
	<p><a href="#">All Youth Matter</a> (contact viaSport)</p>	<ul style="list-style-type: none"> <li>• Factors that contribute to an inclusive environment</li> <li>• Identify barriers and steps to stop discrimination</li> <li>• Provide tools to create inclusive sport, recreation and physical activity experiences for youth</li> </ul>

**Note:** \* indicating a Locker account is required to view the course details. An account is free for sign up at <https://thelocker.coach.ca/>

## Coach Conferences

Organization	Conference Name	Description
	<a href="#">Sport Leadership Sportif Conference</a>	<ul style="list-style-type: none"> <li>A three-day learning, professional development, and networking opportunities with the leaders of the Canadian sport, business and education communities</li> </ul>
	<a href="#">Sport for Life Canadian Summit</a>	<ul style="list-style-type: none"> <li>Recognizes and enhances the quality of sport and physical activity in Canada to improve health, building stronger communities and stronger national identity as well as striving for higher sporting achievement</li> </ul>
	<a href="#">Okanagan Sport Leadership Conference</a>	<ul style="list-style-type: none"> <li>Focuses on delivering quality community and performance sport programs through local support, tools and resources</li> </ul>
	<a href="#">Whistler Coaches Summit</a>	<ul style="list-style-type: none"> <li>Designed to support coaches in the completion of key NCCP Multi-Sport modules at the Competition Development level</li> <li>Includes a mix of classroom sessions, recreational activities such as workouts, biathlon, hiking and a BBQ</li> </ul>
	<a href="#">Sport Canada Research Initiative Conference</a>	<ul style="list-style-type: none"> <li>A sport research conference focused on sport participation, driving the change in sport policy and sport program development</li> <li>An opportunity to engage and network with researches, analysts, sport leaders, and the physical activity sector</li> </ul>

## Grants

Grant Name	Application Window	Who Should Apply	Use of the Grant
<a href="#">LeadForward Grant: Advancing Balanced Representation in Sport</a>	Spring, Fall	<ul style="list-style-type: none"> <li>• Local Sport Organizations</li> <li>• Provincial Sport and Disability Sport Organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Training</li> <li>• Education</li> <li>• Policy Development</li> </ul>
<a href="#">BC Sport Participation Program: Community Sport Program Development Fund</a>	Spring, Fall	<ul style="list-style-type: none"> <li>• Not-for-profit clubs/community associations</li> <li>• Provincial Sport and Disability Sport Organizations</li> <li>• Municipalities or Community Centres</li> <li>• Indigenous communities</li> </ul>	<ul style="list-style-type: none"> <li>• Making sport more accessible to people of all abilities by providing funding to sport programs.</li> </ul>
<a href="#">Bob Bearpark Coaching Bursary Awards</a>	Late Summer	<ul style="list-style-type: none"> <li>• Coaches</li> </ul>	<ul style="list-style-type: none"> <li>• Equity and Access for Coaching Opportunities.</li> <li>• Incentive and assistance for high performance coaches to upgrade their certification.</li> </ul>
<a href="#">Coaches BC Legacy Grant – Norm Olenick Coach Developer Grant</a>	Late Fall	<ul style="list-style-type: none"> <li>• Learning Facilitators, Master Coach Developers, Coach Evaluators</li> </ul>	<ul style="list-style-type: none"> <li>• Assist with the education, professional development, training and/or certification of coach developers.</li> </ul>
<a href="#">Coaches BC Legacy Grant – Gord May Coach Innovation Grant</a>	Late Fall	<ul style="list-style-type: none"> <li>• Local Sport Organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Assist with the education, professional development, training and/or certification of coaches.</li> </ul>
<a href="#">Coaches BC Legacy Grant – Kathy Newman Adaptive Sport Coach Grant</a>	Winter	<ul style="list-style-type: none"> <li>• Coaches who work with athletes with disabilities</li> </ul>	<ul style="list-style-type: none"> <li>• Assist with the education, professional development, training and/or certification of coaches who work with athletes with disabilities.</li> </ul>
<a href="#">Coaches BC Legacy Grant – Tim Frick Coach Development Grant</a>	Winter	<ul style="list-style-type: none"> <li>• Coaches or local sport organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Assist with the education, professional development, training and/or certification of coaches.</li> </ul>
<a href="#">Indigenous Youth Sport Legacy Fund</a>	Late Winter	<ul style="list-style-type: none"> <li>• High performance athletes of indigenous ancestry</li> </ul>	<ul style="list-style-type: none"> <li>• Assist with costs associated with registration, travel,</li> </ul>



			equipment, and coaching expenses.
<a href="#">WISE Fund Grant</a>	Fall	<ul style="list-style-type: none"> <li>• All sport organizations</li> <li>• College/ University sport programs</li> <li>• Schools</li> <li>• Non-profit organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Compensation for human resources directly related to initiative activities</li> <li>• Venue costs, equipment cost, travel cost</li> <li>• Marketing and communications</li> <li>• Participant training/registration fees</li> </ul>
<a href="#">The Northern BC Coaching and Officiating Development Fund</a>	Late Summer	<ul style="list-style-type: none"> <li>• Non-profit organizations located within northern <a href="#">BC Games Zones 7 or 8</a></li> <li>• Provincial or Disability Sport Organizations within <a href="#">BC Games Zones 7 or 8</a></li> <li>• Individuals who permanently reside in northern <a href="#">BC Games Zones 7 or 8</a></li> </ul>	<ul style="list-style-type: none"> <li>• Host a sport-specific/ multi-sport coach or officials training sessions in <a href="#">BC Games Zones 7 or 8</a></li> <li>• Assist coaches and officials who currently reside in <a href="#">BC Games Zones 7 or 8</a> in pursuing enhanced knowledge and training/ certification only available outside of the Northern BC region</li> </ul>
<a href="#">Equipment Grant Program</a>	Winter	<ul style="list-style-type: none"> <li>• All First Nations, Métis Chartered Communities and Friendship Centres</li> <li>• Not-for-profit organizations that deliver Indigenous sport, recreation and/ or physical activity program</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Equipment</a> must be used to promote healthy active lifestyles for Indigenous communities</li> </ul>
<a href="#">Local Sport Relief Fund</a>	Fall	<ul style="list-style-type: none"> <li>• Community-based, non-profit, amateur sport organizations</li> </ul>	<ul style="list-style-type: none"> <li>• Operating expenses including administrative costs, rent, equipment, insurance, COVID-19 related supplies (cleaning supplies, PPE, etc.)</li> </ul>

## Resources

Organizations	Description
<a href="#">Canadian Centre for Mental Health and Sport</a>	Resources for sports and mental health, webinars on relevant topics
<a href="#">Canadian Women and Sport</a>	Resources including publications on sports, research and insights, coaching tools and case studies
<a href="#">Canucks Autism Network</a>	Resources on training and Try-It workshops, Supporting Positive Behavior online training
<a href="#">Coaching Association of Canada</a>	Coaching Resources: <ul style="list-style-type: none"> <li>• Topics including Sport Safety, Diversity and Inclusion, Concussion Awareness, Lifelong Learning, Coaching Research</li> <li>• Tips: #CoachToolkit</li> </ul>
<a href="#">CSI Pacific</a>	Webinars on topics including athlete development, mental performance, strength and conditioning, recovery, sponsorship, sport medicine, nutrition and anti-doping
<a href="#">Safe Sport Training</a>	Safe Sport toolbox
<a href="#">Sport for life's e-campus</a>	Online catalogue of full list of courses available for coaches
<a href="#">Sport Information Resource Centre (SIRC)</a>	Coaches & Official resources
<a href="#">Sport Med BC</a>	Topics including Athletic Injuries, Prevention & Management, Mental Preparation, Nutrition & Diet, Physical Literacy & Athlete Development, Running & Walking, Sport Training
<a href="#">True Sport</a>	Resources supporting True Sport Principles (Go For it, Play Fair, Respect Others, Keep it Fun, Stay Healthy, Include Everyone, Give Back)
<a href="#">viaSport</a>	Topics including organizational readiness, sport for life, coaching excellence